

CAREERS NEWSLETTER – SEPTEMBER 2021

Introduction

Welcome to all our new students and parents, and welcome back to everyone else. Thank you for taking the time to read this latest edition of the **Careers Newsletter**. The focus this term is to provide important information for our Year 11's as they start to look to the future and make informed choices about their preferred study options post 16. All young people MUST continue in education or training at least until they are 18. There is lots of information, advice, and guidance available to help them take the next steps confidently. The school's work experience programme for Year 10's briefly outlined below on page 6 will be taking place during activities week in July 2022. Further information will be coming out about this shortly via form tutors and parent mail.

All students have access to the Unifrog platform which brings together all available careers related information into one single, impartial, user-friendly platform to help students to make the best choices for their future. It allows you our parents and carers to consider these things alongside your child, I would encourage you to get your child to log-in and explore the world beyond school with you.

Students- each student has their own log-in details, they should check their school Outlook email if they need to find these details.

Parents and carers- you can log in as a guest and explore the students' platform.

Go to- <https://www.unifrog.org/code>

Log in with Code- **FREAp**arents

**It is never too early to look to the future!
We hope you enjoy this edition of the Fram Careers Newsletter.**

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The Importance of Good Career Guidance

Good Career Guidance is the key to social mobility: it is about showing young people whatever their social and family background, the options open to them and helping them make the right choices to set them on the path to rewarding future careers.

Every young person needs high-quality career guidance to make informed decisions about their future. Research tells us that careers education is fundamental to school improvement – pupils are motivated when they know what they want to achieve in their lives and how to go about it. As a result, careers education is a key focus in our school and is an integral part of our school development plan.

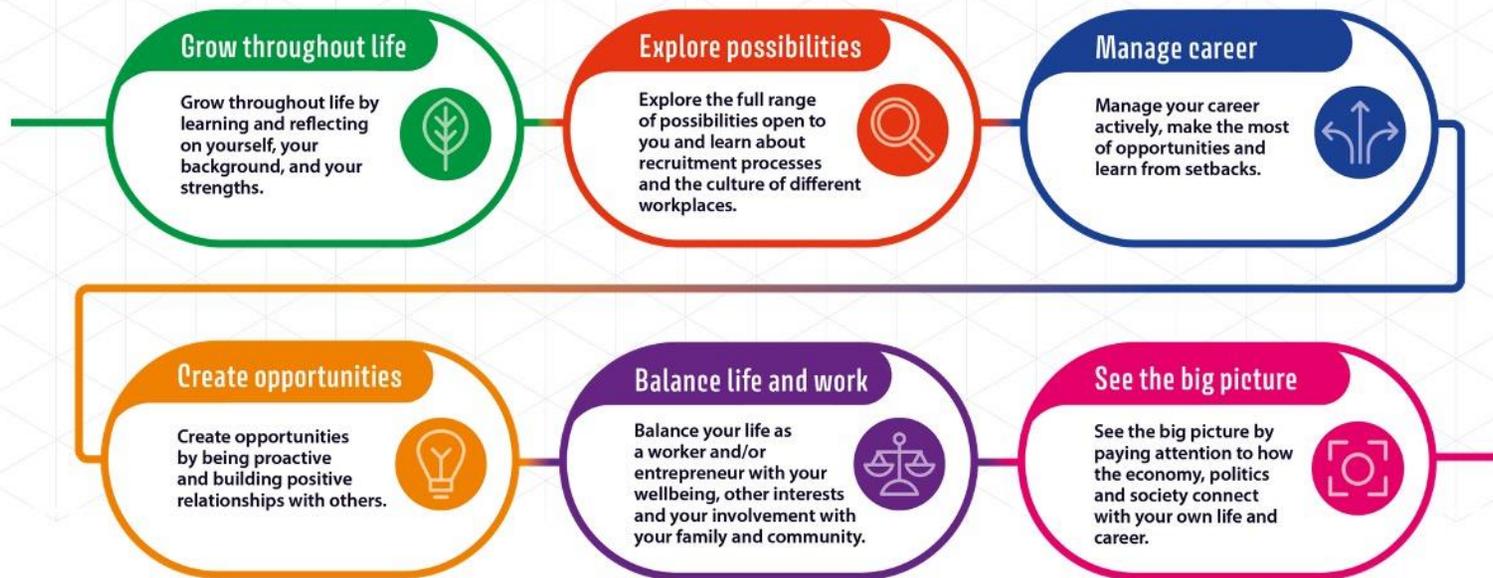
Every young person at Framingham Earl has the opportunity for a 1:1 guidance interview with a qualified career adviser (the careers adviser must hold a career guidance qualification at level 6 (degree level) or higher, according to the Career Development Institute.) Every student will have at least one of these interviews by the age of 16. These predominantly take place in either Year 10 or Year 11 at key transition points.

'Career' describes our journey through life, learning and work. We need actively to develop our careers to make the best of them. This process of career development takes skill as well as knowledge and the right attitude. Individuals need to work on their *career development skills* throughout their lives. The main purpose of the CDI's Career Development Framework (below) is to clarify the skills, knowledge, and attitudes that individuals need to have a positive career. A 'positive career' will mean something different to everyone, but it will typically include being happy with the way you spend your time, being able to contribute to your community and being able to have a decent standard of living.

Career development skills are the learning outcomes that career development programmes and interventions should be aiming to bring about. They need to be developed alongside academic skills and knowledge and employability skills (the skills that you need for work and employment).

The Careers Development Institutes (CDI) Framework describes the six career development skills that people need to have.

The six learning areas



Career Guidance Meetings

1:1 career guidance meetings can be booked either in person or by email to d.gray@fehs.set.education. All current Year 11's will be offered an appointment via their form tutor and a copy of the invite will be emailed to their school email. These will be starting in late September. **Parents/Carers** if you would like to attend your son/daughters appointment please let me know by email. They will receive an action plan to complete prior to their meeting. It is extremely important they spend time at home going through this with you beforehand.

NEW THIS TERM – Lunchtime sessions available on a Monday and Wednesday in D4a (The Den). These need to be booked either in person or via the email address above. These are available for all year groups, priority will be given to Year 9's when choosing their GCSE option blocks, Year 10's work experience and Year 11's post 16 transition. These can be individual 1:1 sessions or small groups of 2-3 young people if they have similar questions.

Post 16 Transition

YR11 Students – Things to take into consideration when making informed decisions about your future. Use these three simple steps.

1. Exploration
2. Understanding self
3. Making the best choices for you

Research, Explore, Identify Strengths – What is going on around you personally & your environment include all the internal and external factors. For example (going on holiday, taking driving test, part-time job, meeting up with friends, exams)

Questions you need to ask yourself include:

What are you motivated by? What are your interests, strengths, and preferences? What skills do you need, what does the local labour market look like? Is the career you are interested in a growth sector? Do you feel confident to make the right choice for you? Have you asked the right questions? Have you researched all available options in order for you to make an INFORMED POSITIVE CHOICE for your future?

Applications for sixth form and local FE colleges open on the 1st of October, you can either complete an on-line application for each institution you are interested in or alternatively the **best option** is to register on Help You Choose and create your own personal profile so you can use one application for all sixth forms/colleges. www.helpyouchoose.org more information on Help You Choose will be available via form tutors in the next 2 weeks. As part of your research please double check entry requirements and open evening dates/times for the sixth form or FE college you are hoping to attend. GCSE entry requirements are different for every institution.

Year 10 Students – Work Experience

Dates: W/C 11th July 2022

One of the most important things to learn from taking part in work experience is that you are an individual. If you have not already had a part-time job work experience may be the first time you visit a workplace and learn about an employer and the world of work. You may enjoy doing the same things as your friends, but as you think about your future, it's important to remember that you and your friends have different abilities, strengths, weaknesses, passions, and family backgrounds. You need to find what suits you best and gives you the best chance for success and being happy. Some of your friends might know what they want to do, but it's okay if you don't know, even discovering what you don't want to do is a step in the right direction. Choosing a career is not something that will just magically happen, no one else can choose it for you. Think about your interests, hobbies, strengths. What are you good at? Do your research, contact as many employers in your area of interest as possible. The earlier you start to ask the better, we are not the only school who will be looking for placements. If you can either ring or call into the office/shop to introduce yourself. First impressions count!

Work Experience should give you:

- An understanding of the work environment and what employers expect of their workers.
- An opportunity to explore possible career options, maybe part-time work.
- Increased self-understanding, maturity, independence, and self-confidence.
- Increased motivation to continue study and/or undertake further training.
- Opportunities to develop work-related competencies and acquire skills.

Work Experience Forms and further information will be out via form tutors very soon.