


*February 2019  
Issue 2*



**Working  
together to keep  
children and  
young people  
safe.**

## **Giving alcohol to teens fuels binge-drinking and affects brain development**

**According to a recent six-year analysis of nearly 2,000 12 to 18-year-olds it was found that there were “no benefits” to introducing alcohol to teenagers at home and that the chances of binge drinking, alcohol-related harm or displaying symptoms of alcohol use disorder are all higher in children provided with alcohol by parents.**

Drinking alcohol in your teens while your brain is still developing can lead to problems with memory and learning and lead to alcohol related issues in adulthood.

**Further information:**

[teen drinking at home fuels binge-drinking](#)

[alcohol and the developing brain](#)

## **Childline Annual Review 2017/18**

The NSPCC has published the Childline annual review for 2017/18, which explores what children and young people are telling Childline during counselling sessions. The top three concerns young people were counselled about were mental and emotional health, family relationships and suicidal thoughts and feelings. This is reflected in the safeguarding concerns we are currently dealing with at school.

**Further information:**

[The courage to talk - Childline annual review 2017-18 \(PDF\)](#)

[Childline](#)





## Protecting Children from Domestic Abuse

Domestic abuse is any incident or pattern of incidents of controlling, coercive threatening behaviour. It can include physical, sexual, psychological, emotional or financial abuse.

**Domestic abuse has a devastating impact on children that can last into adulthood.**

**Children can experience cognitive, behavioural and emotional effects by witnessing domestic abuse. They may feel:**

- Angry, guilty, insecure, alone, frightened, powerless or confused, anxious or depressed.

**Around 1 in 5 children have been exposed to domestic abuse (NSPCC)**

- They may become aggressive or they may internalise their distress and withdraw from other people
- They may begin to play truant, start to use alcohol or drugs, begin to self-harm by taking overdoses or cutting themselves or develop an eating disorder

**For support contact:**  
[www.leewaysupport.org](http://www.leewaysupport.org)  
[www.womensaid.org.uk](http://www.womensaid.org.uk)

Debbie Skinner is our school's Domestic Abuse Change Champion. She can provide support and signposting for you and your children if you are suffering from domestic abuse.  
[dskinner@framinghamearl.net](mailto:dskinner@framinghamearl.net)

## Addicted to social media – or just teens being teens?

‘Teens turn to, and are obsessed with, whichever environment allows them to connect to friends. Most teen aren’t addicted to social media; if anything, they’re addicted to each other.’

[parentinfo.org](http://parentinfo.org)

## CEOP Ambassador

In the ever-changing world of “online” being up to date and aware of our young people’s online lives is more vital than ever.

Anna Harvey has recently attended the CEOP Ambassador course and will be working with colleagues in school and students to ensure that young people have the tools to keep themselves safe online.

[ParentInfo](#) from CEOP and Parent Line and contains a raft of articles and advice on supporting your young people’s digital lives.



Look out for Online Awareness Events coming up later this year!

## SAFEGUARDING

### The Safeguarding Team



James Edwards  
Assistant  
Headteacher



Anna Harvey  
Director of  
Learning Support



Ben Player  
Director of Learning  
Year 10 & 11



Debbie Skinner  
Student Wellbeing  
Co-ordinator

**CSE**  
Child Sexual Exploitation

**FGM**  
Female Genital Mutilation

**FM**  
Forced Marriage

**Online Safety**  
Sexing / Nudes / Grooming etc.

**Abuse**  
Sexual, physical, emotional, neglect etc.

**Homelessness**  
Sofa surfing, street homelessness, temporary accommodation?

**Suicidal thoughts**  
Or actions, wanting to end it?

**Drug / Alcohol Abuse**  
Problems arising from substance abuse.

**Relationship Abuse**  
Violence, name calling, control rape, jealousy etc.

**Radicalisation**  
Prevent hate, right wing, left wing etc.

**Self-Harm**  
Deliberately causing harm to yourself by injury.

For Safeguarding concerns contact [safeguarding@framinghamearl.net](mailto:safeguarding@framinghamearl.net)

If you have a concern about a child's safety or welfare call 0344 800 80 20 or dial 999



Website:  
[www.framinghamearl.net](http://www.framinghamearl.net)



Contact:  
01508 492547



Email:  
[safeguarding@framinghamearl.net](mailto:safeguarding@framinghamearl.net)