



Framingham Earl High School

Safeguarding newsletter - July 2020



ChatHealth Norfolk

ChatHealth is a secure NHS approved text messaging service for 11- 19 year olds. All you need to do is text 07480 635060 to start a conversation. You will receive a response from a member of the 5-19 team in the Norfolk Healthy Child Programme. They are able to answer any messages and offer confidential support and advice to young people.

NHS
ChatHealth Norfolk

CONFIDENTIAL SUPPORT

For Young People 11-19

Struggling to cope with anxiety and concerns about the current situation?
Have some issues staying healthy and feeling good? Or just not feeling safe at the moment... We are here for you!

TEXT: 07480 635 060

County Lines: The Lost Boy (SKY NEWS)

If you haven't seen this report and you have 8 minutes please use them to watch 'The Lost Boy'.

This extended news piece from Sky's Jason Farrell is such an important vignette. This is a real 14-year old boy who goes missing during lockdown, and when he is taken home by police, 'his abusive father didn't ask where he had been'.

Jason Farrell says, 'At this point I remind him that he's only 14. I ask: "Do you ever not just think - I'm a kid I'm too young for all of this?"

"Well - not anymore," says Ben. "I had to grow up fast because I was alone."

'Ben' says he was annoyed with the police. 'They were just like - [home] is the best place for me to be - which really annoyed me because they didn't know the full story.

In the interview with 'Ben' (voiced by an actor), Farrell appears genuinely shocked by the boy's story. It is one moment where some professionals just need to remember that these are actual children because occasionally the reality of dealing with county lines victims can too easily become 'commonplace'.

Watch the video here:

<https://news.sky.com/story/coronavirus-gang-member-14-on-how-lockdown-drove-him-to-escape-his-home-12008669>

The Framingham Earl Safeguarding Team is below.

If you have a concern about a child's safety or welfare call 0344 800 80 20 or dial 999



Mr Edwards
j.edwards@fehs.set.education



Mrs Skinner
d.skinner@fehs.set.education



Mr Player
b.player@fehs.set.education



Mrs Harvey
a.harvey@fehs.set.education



Government guidance for parents - online harms

The government has produced a useful webpage listing sources of advice and support for keeping their children safe. The guide includes information about:

Protecting children from domestic abuse, teenage relationship abuse, child sexual abuse and exploitation, sexual assault referral centres, crime, Criminal Exploitation and County Lines, violence and gangs, protecting children from radicalization, Prevent, online child safety and mental health.

You can find the information by click [here](#).

Cannabis sweets

Norfolk Police are warning that children and young people could be being targeted to buy packets of cannabis sweets. Counterfeit packets of sweets packaged to look like 'Nerds' ropes but which contain cannabis and a high amount of THC have been found circulating in Norfolk.

A local Police Sergeant has reported "Although they initially look like normal 'Nerds' sweets they actually contain cannabis. We are aware that they are being offered to children in Norfolk, particularly the King's Lynn and Breckland areas and would like the public to be aware and vigilant."

If you have any information regarding Cannabis Sweets please contact your Local Policing Team via 101.

Alcohol before 18 – What's the Harm?

With Summer already here and as we come out of lockdown our teens are looking for ways to alleviate their boredom and isolation. Click on the link below for advice for parents in dealing with teenage drinking.

<https://whatstheharm.co.uk/wp-content/uploads/2018/11/A-guide-for-parents.pdf>



Kooth is a new online platform recommended by the NHS to support student wellbeing. It offers a range of features including articles, wellbeing diary, message boards advice and access to a trained counsellor.

You can find out more by watching the Kooth Video at <https://www.kooth.com/video>

Students can join Kooth via the link: <https://student.kooth.com/>



Mr Edwards
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education



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ducation