

FRAM

Anything's Possible

Framingham Earl High School



Welcome to Parent Forum

Please add any questions that you have to the 'chat' or pop your hand in the air.

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Mrs Becky Arnold – Headteacher

Mr James Edwards – Deputy Headteacher

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AtoBetter Transport Scheme
Wellbeing Support Strategy
Pupil Premium Provision
Behaviour and Rewards
Lockers
Remote Learning Plan

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AtoBetter Transport Scheme

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Wellbeing Support Strategy

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Flourish at Fram

WHAT ARE THE KEY COMPONENTS OF OUR WELLBEING STRATEGY FOR OUR STUDENTS?

- A new mental health and wellbeing policy which details how we can identify early warning signs, have effective wellbeing conversations with students, the importance of signposting to support services in our lessons if they touch upon a wellbeing issue, as well as a clear system for supporting students who have a mental health need.
- A six –week PSHE programme for all of KS3 focusing on each of our Flourish at Fram outcomes.
- A whole-school commitment to promoting protective behaviours; our students have the right to feel safe at all times and are encouraged to talk to us no matter how small they may think their worry or concern might be. Reminders of who is in their support network and when staff will be available if a student needs to talk.
- A new zone on the website signposting students to support services as well as recommendations to good books and resources to support their wellbeing.
- Two tutor sessions per week called 'Start the Day the Right Way' which focus on wellbeing and our flourish goals. They aim to;
a) Give students a space in the morning to 'share it, shelve it, shout it.' b) Recognise their own signs of stress and early warning signs as early as possible before they can impact on learning c) Give students activities which deactivate the stress response and promote mindfulness.
- Use of 'walk shops' instead of response when a student is in a heightened state of emotional arousal. Students who have been collected will go for a walk around the field with whoever is on response duty.
- Increased staff training around Mental Health e.g. MHFA course, Zones of Regulation, LGBT Project, Place 2 Be



INDIVIDUAL CARE PLANS

It is helpful to draw up an individual wellbeing plan for pupils causing concern or who receive a diagnosis pertaining to their mental health. This should be drawn up involving the pupil, the parents and relevant health professionals. This can include:

- Details of a pupil's condition
- Special requirements and precautions
- Medication and any side effects
- What to do and who to contact in an emergency
- The role the school can play

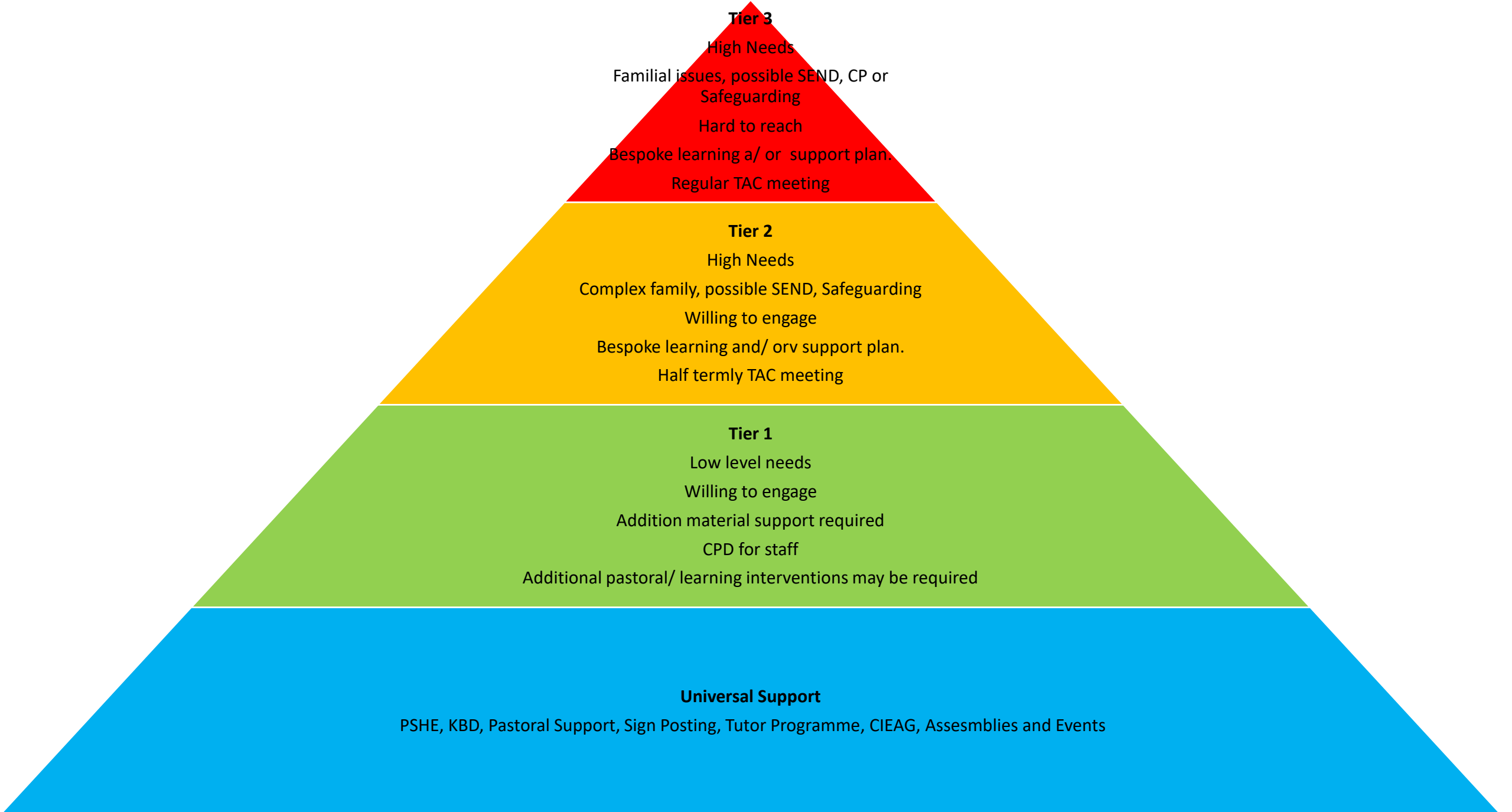
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Pupil Premium Provision



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Behaviour and Rewards

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Questions